



FASCIAL GUN MASSAGER



Model No : SH007

INSTRUCTION MANUAL

CONFIGURATION

1. Power On/Off button
2. Power Level Indicator – RED LED
3. Frequency Level Indicator – BLUE LED
4. Handle/Removable Battery Holder
5. Vibration Head
6. B type charging port
7. AC wall charger
8. Pulse (Impact per min)/Frequency (Hz) :
 - Level 1 - 2100 RPM
 - Level 2 - 2400 RPM
 - Level 3 - 2600 RPM
 - Level 4 - 2800 RPM
 - Level 5 - 3000 RPM
 - Level 6 - 3200 RPM
 - Level 7 - 3600 RPM
9. Weight : 1.1 kg (1.4 kg including charger in)



FOUR MESSAGE HEADS



Fork head/for vertebrae



Flat head/for joints



Round Head/for large muscle groups



Bullet head/for all parts of the body

CONTENTS

One Shikon Fascial Gun Massager, One Instruction Manual,
One USB Cable, Four Massage Heads

PRODUCT BENEFITS

- Improve blood and lymphatic circulation.
- Reduces swelling by improving fluid flow.
- Reduces muscle fatigue.
- Loosens tight muscles and connective tissue.
- Helps to reduce soreness and muscle tension by removing lactic acid.
- Increases muscle flexibility and reduce stiffness.
- Relieves joint stiffness and improves flexibility.
- Stimulate nerves to reduce muscle pain.
- Heals stressed tendons and joints without causing inflammation.
- Helps to recover the body after intense workout.

BATTERY CHARGING

- Before use for the 1st time, charge fully for three hours.
- To charge, connect the adapter cable to the DC charging port of the unit and then plug in the 12V Adapter to AC wall outlet.
- Once connected, the LED on the unit will flash and display the battery level, indicating the battery is being charged.

- When all LEDs stop flashing and remain ON, it indicates the battery is fully charged.
- Battery can be charged anytime and at any level.
- It is not recommended to deep discharge the battery to the Red LED level.
- The average battery backup of the unit is two hours depending on the speed and the applied pressure during use.
- Charge the device charger with only 24 VDC.
- Carefully check the device and battery before each use.
- Unplug the charger from the battery after charging or before the use.

CLEANING & DISINFECTION

- Clean the device with a slightly wet towel.
- Wipe it dry with a soft cloth for storage.
- Pack the device and store in a safe place when not in use or while on travel.

SAFETY

Danger : In order to reduce the risk of electric shock, fire and personal injury, this product must be used in accordance with the following instruction.

- Do not immerse it in water.
- Do not place any object or allow water to enter the vent of the device.
- Keep it away from liquid or heat sources.
- Keep the vent free from dust. Do not temper, remove the screws or try to disassemble the device.
- Do not drop the device or use it improperly.

PRECAUTION

- This device is for adult use only. Do not use the device in case of injury.
- Stop using immediately if you feel pain or discomfort.
- Keep hands, fingers and hair away from moving parts to prevent injury.
- Always use this device under the guidance of a doctor or physiotherapist.
- Use only on clean & dry skin surface of the body. Avoid using it over clothes.
- Do not use continuously for more than one hour. Stop the device for 30 minutes and then use it again.
- Use it on the skin gently and limit the usage to 60 seconds in each location.
- Suitable for use only on soft muscles. Do not use on bones or the head or any hard part of the body.
- Only use the vibrating head provided with the device for best results.
- When removing the vibration head, just exert your strength to pull it out.

Note : The device helps is relieving pain from sprains, strains, muscle cramps and joints issues by deeply massaging soft tissues. It is useful for treating muscle tightness caused by injury, bad posture or overuse. However avoid using on sensitive areas like the head, face and spine. Do not apply it if there is swelling, inflammation or increased pain.

NOTES FOR PHYSIOTHERAPY

After surgery

- Begin physiotherapy based on the patient's response.
- Avoid using the device or open wounds, stitches or metal implants.
- Start at the lowest level and use a towel over the skin.
- Only apply physiotherapy around the surgical area.

After injury

- Start physiotherapy only when the patient is comfortable.
- Identify the affected area and muscles.
- Use the device on medium or low intensity with light pressure.
- Move from the hand/feet towards the body for better blood circulation.

CONTRAINDICATIONS

- If you have bleeding disorder, aneurysms or taking blood thinner.
- If you have heart disease, a pacemaker or a defibrillator.
- If you are pregnant or have cancer.
- If you have any surgery with metal implant within 90 days.
- On sensitive areas like head, face, spine & neck.
- On body areas with little muscle.

WARRANTY

The warranty covers manufacturing defect for one year from the date of purchase. The warranty does not cover:

- Damage due to accidents, misuse or improper handling.
- Repair done without authorization.
- Device not used according to the instruction provided.
- Defect caused by improper storage condition.
- Failure to provide a proof of purchase indicating date.
- Purchase from an unauthorized seller.



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